## **PLYMOUTH CITY COUNCIL**

**Subject:** Prevention Concordat for Better Mental Health

**Committee:** Health and Wellbeing Board

**Date:** 4<sup>th</sup> October 2018

Cabinet Member: lan Tuffin

**CMT Member:** Ruth Harrell, Director of Public Health

Author: Sarah Lees, Consultant in Public Health

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Ref:

**Key Decision:** No

Part:

## Purpose of the report:

This report brings to the attention of the Health and Wellbeing Board the Prevention Concordat for Better Mental Health. It outlines the background to the development of the Concordat, its aims and ambitions. The Prevention Concordat aims to encourage and enable cross-sector action to promote public mental health approaches – in promoting good mental health and wellbeing and in preventing mental health problems.

The report identifies the type of resources that have been developed to support the concordat and the 5 areas for collaborative action. The report includes the consensus statement developed to enable organisations to sign up to commit to work together through national and local action to prevent mental health problems and promote good mental health. The report presents the opportunity to the Health and Wellbeing Board to sign the consensus statement in support of the Prevention Concordat.

The report then identifies the existing local mechanisms through which the Prevention Concordat can be delivered and summarises some of the existing work that contributes to the aims and

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ambition of the concordat.

## **Recommendations for action:**

- I. The Health and Wellbeing Board and its constituent members sign the Prevention Concordat consensus statement to set a clear direction to the local health and social care system and the constituent parts that all should work towards a tangible increase in the promotion of mental health and wellbeing and the prevention of mental illness.
- 2. The Health and Wellbeing Board confirm their support for the Public Health team to continue to provide system leadership for the promotion of mental health and wellbeing and the prevention of mental illness.
- 3. The Health and Wellbeing Board confirm that the existing multi-agency groups and networks should be the basis for taking forward the Prevention Concordat.

- 4. The Health and Wellbeing Board ask that Public Health oversee the development of a local strategy and action plan for increasing work to promote mental health and wellbeing and prevent mental illness across the system, building on the good work already in place.
- 5. The Health and Wellbeing Board to receive an update on progress in 12 months' time.